

Family Travel Packing Checklist

Copy it, trim it to the trip, and pack by person. Full list for 10-day trips; drop the extras for a long weekend.

Clothing & shoes

- Underwear, socks, sleepwear
- Casual tops & bottoms, pants/jeans, shorts
- Athletic shirts & bottoms
- Sweaters, sweatshirts, a shawl/scarf
- Dresses / a nicer outfit for a night out
- Swimsuits & cover-ups, goggles
- Sneakers, sandals, one pair of dress shoes
- Cold-weather: hats, beanies, gloves
- Belts, sunglasses (with a case)

Toiletries & grooming

- Toothbrush, toothpaste, floss, mouthwash, tongue cleaner
- Shampoo, conditioner, body wash, deodorant, body spray/perfume
- Razor & shaving supplies, hair trimmer + charger
- Brush/comb, hair clips, styling tools, hair spray
- Face cleanser, moisturizer, makeup + remover, skincare
- Sunscreen, lotion, nail clippers & file, jewelry

Health & first-aid

- Medications & vitamins, pain relievers (pills + roll-on)
- First-aid kit, thermometer, aloe gel
- Eye drops, contacts + solution + backup glasses
- Insect repellent, hand sanitizer, tissues
- Braces / retainer supplies, hot packs

Carry-on & tech

- Passports / visa / IDs, printed tickets, cash
- Phones + chargers, laptop + charger, Fitbit chargers
- International power adapter, car charger, phone car mount
- Headphones, books / e-books, paper & pen
- Empty water bottle, snacks, gum/mints, lip balm
- Travel blanket, sleep mask, umbrella/poncho
- Big camera, luggage scale for the trip home

Before you leave: the door checklist

- Tell the bank - travel notice on the cards
- Cash - local currency for the first day
- House - garbage out, thermostat set, alarm armed, doors & windows locked
- Cars - lock the cars in the garage
- Adapters & chargers - pack last, on top
- Snacks & empty water bottles for travel day

